



# LaSalle River Canard Catholic Family of Parishes

## La Famille de Paroisses Catholiques de LaSalle Rivière-aux-Canards

Sacred Heart • St. Joseph • St. Paul

Main Office - St. Joseph - 9399 Townline Road Windsor, ON N9J 2W6  
Phone (519)734-8044 • lrcfop@dol.ca • www.lasallerivercanardfamily.dol.ca

6<sup>th</sup> Sunday in Ordinary Time  
6<sup>e</sup> dimanche du temps ordinaire

February 15<sup>th</sup>, 2026  
15 février 2026

### **Pastoral Team**

#### ***Pastor***

Rev. Dwayne Adam

#### ***Associate Pastor***

Rev. TJ Vandermeer

#### ***Deacons***

Deacon Art Bondy

Deacon Joël Bénéteau

#### ***Coordinator of Parish Ministries***

Rebecca Bondy

#### ***Family Faith Formation***

Felipe DaSilva

### **Parish Staff**

#### ***Business Manager***

John Sutton

#### ***Parish Secretary***

Kim Meloche

#### ***Custodians***

Jeff Moore (Sacred Heart)

Kirk Bertelle (St. Joseph)



### **MASS & CONFESSION TIMES**

**Daily Mass:** Tuesday 6:30pm at St. Paul  
Wednesday 9:00am at St. Joseph  
Thursday 9:00am at Sacred Heart  
Friday 09h30 at Saint-Joseph (français)

**Weekend Masses:** Saturday 4:30pm at St. Paul  
Sunday 8:30am at Sacred Heart  
10h15 at Saint-Joseph (français)  
Noon at St. Joseph

### **Sacrament of Reconciliation**

Tuesday 5:45pm – 6:15pm at St Paul  
Saturday 11:00am – 11:45am at Sacred Heart

### **Adoration**

1<sup>st</sup> Monday of the month at Sacred Heart at 7pm  
2<sup>nd</sup> Tuesday of the month at St. Paul at 1pm  
3<sup>rd</sup> Wednesday of the month at St. Joseph at 9:30am

Jesus lives within us. We can change the world!  
Jésus vit en nous. Nous pouvons changer le monde!



**Ash Wednesday:** The Season of Lent begins this week! There will be Mass at 6:30pm at St. Joseph for our Family of Parishes. Celebrations of the liturgy of the Word and distribution of Ashes will occur in each of our Catholic Elementary Schools. There will also be an 11am Celebration of the Word and distribution of Ashes at St. Paul at 11am. Communion will NOT be distributed at that service.

\*\*\*Adoration will still be held at St. Joseph at 9:30am

**Le Mercredi des Cendres :** *Le Carême commence cette semaine ! Une Messe sera célébrée à 18h30 à l'église Saint-Joseph pour nos paroisses. Une autre célébration de la Parole et la distribution des cendres, sans communion, se déroulera à 11h à l'église St. Paul. La célébration de la Parole et la distribution des cendres auront lieu dans chacune de nos écoles primaires catholiques.*

\*\*\*Il y aura aussi de l'Adoration à Saint-Joseph à 9h30.



**What to do for Lent?** Many traditions have been passed down through generations of Catholics who have primarily sacrificed what they enjoyed attaching themselves to the sacrifices of Jesus. Prayer, fasting, abstinence, acts of charity – these are wonderful ways to grow closer to Jesus as we imitate His example.

Lent is also a time to develop new healthy habits of faith that will draw us closer to the Lord – habits that can continue once Easter is celebrated. Attending weekday Mass, spending time in personal prayer, reading Scripture or spiritual reading, assisting an elderly person, helping someone who is ill – these are great opportunities to follow the Gospel.



**Stations of the Cross:** Every Friday during Lent, our Family of Parishes is invited to pray the Stations of the Cross at St. Paul Church at 6:30pm. Following the Stations, there will be a "Question & Answer" period. It is a great opportunity to bring forward faith issues that you want clarified or answered.



**RCIA Day of Reflection:** On Saturday, February 21<sup>st</sup>, the participants in this year's RCIA will spend the day at St. Paul with a retreat leader as they continue to prepare to be received into the faith. Please keep them in your prayers! Then, on Sunday afternoon, Bishop Fabbro will receive them at the Cathedral in London for the Rite of Election.



**Youth Coordinator Position:** Our Family of Parishes is seeking to hire a 20 hour per week person as a Youth Coordinator. The job description can be found [here](#) and also available on our website. Applications are to be submitted by February 20<sup>th</sup> to Father Dwayne. The salary will be covered by an anonymous donor.

**Poste d'animateur/animateur des jeunes :** *Notre communauté paroissiale recherche une personne à temps partiel (20 heures par semaine) pour un poste d'animateur/animateur des jeunes. La description du poste est disponible [ici](#) et sur notre site web. Les candidatures sont à envoyer au Père Dwayne avant le 20 février. Le salaire sera pris en charge par un donateur anonyme.*



**Office Closed:** The office will be closed on Monday, February 16<sup>th</sup> for the Family Day Holiday. Phones will be monitored for emergencies only



**Coffee Sunday:** Plan on attending Coffee Sunday after Mass next weekend in the parish hall. The organizing committee puts a lot of effort into preparing goodies to be shared. It is a great opportunity to connect with your friends and to meet others. An extra 15-20 minutes would be all that is needed.



**Congratulations** to our young parishioners who celebrated their Confirmation in our Family of Parishes this past weekend:

|                    |                     |
|--------------------|---------------------|
| Ava Abela          | Caspian O'Brien     |
| Nino Blanchard     | Jenna Probyn        |
| Christian Cichon   | Alysia Rivard       |
| Danae Dakin Marin  | Zofia Rocca         |
| Matthew Gatto      | Samuel Sawyer-Prier |
| Brendan George     | Luca Shearon        |
| Lucy Gibb          | Matteo Shearon      |
| Aramis Grondin     | Bradley Soltis      |
| Stellan Jamieson   | Antonio Spera       |
| Cloie Joyal        | Paolo Spizzirri     |
| Gianmarco Laporta  | Riel St Germain     |
| Abrielle Laporte   | Eve Sternbauer      |
| Andrew Mazuran     | Kaylee Stewart      |
| Madelynne McKinnon | Kenzie Stewart      |
| Johanna McLeod     | Molly Storino       |
| Giuliana Meo       | Benjamin Toniolo    |
| Mackenzie Meyes    | Jonah Wright        |
| Adelynn Mongeau    | Kristy Zupanic      |
| Samantha Morello   |                     |

# Weekly Mass Schedule

## Tuesday, February 17<sup>th</sup>

**Confessions - 5:45pm - 6:15pm**

**6:30pm - English - St. Paul**

Flo Rousseau (6<sup>th</sup>)

Carol Siddall

Intention of Fran Pignanelli

Intentions of Mike and Mely

Intention of Sam Zad & family

Mike  
Joe & Lindsey

## Wednesday, February 18<sup>th</sup>

➔ **11am - English - St Paul**

**Ash Service - No Communion**

➔ **6:30pm - Bilingual - St. Joseph**

Gus Cortina (3<sup>rd</sup>)

Murielle Lebel

Thomas & Elizabeth Meloche

Sharon Staudt



his family  
the family  
the family  
Adele Bezaire

## Thursday, February 19<sup>th</sup>

**9:00am - English - Sacred Heart**

Jessica Allard

Wesley Myles

Dec. Members of the White family

Bob Knowles

Steptoe family  
his family  
Rosa White  
Joe, Maggie & Chris

## vendredi 20 février

**09h30 - français - Saint Joseph**

John Beaudoin (5<sup>e</sup>)

Sydney and Joan Hinch

Stan Dupuis

Intentions of Fr Mike Michon

sa famille  
Donna Bastien  
Monica Adam  
Don et Sheila Petrozzi

## Saturday, February 21<sup>st</sup>

**11:00am – 11:45am - Confessions - Sacred Heart**

**4:30pm - English - St. Paul**

For the Intentions of the people of God

## Sunday, February 22<sup>nd</sup>

**8:30am Mass - English - Sacred Heart**

**10h15 - français - Saint-Joseph**

**Noon - English - St. Joseph**



For the Intentions of the people of God  
*Pour les intentions du peuple de Dieu*



**Pray for the Sick:** Fr. Mike Michon, Bill Sutton, Cullen Flood, Anita Robinson and Alphonse Beneteau.

**Pray for the Deceased,** especially *Marie Mensour*, wife of Peter, *Joseph Rostkowicz*, husband of Kristina and *Paul Bondy*, husband of Patricia, that they may find peace in the loving arms of the Lord.



**February 5<sup>th</sup> - February 21<sup>st</sup>**

|            |                      |
|------------|----------------------|
| Sunday:    | Rev. Philip Joseph   |
| Monday:    | Rev. Claire Coleman  |
| Tuesday:   | Lynne Tibor          |
| Wednesday: | Ash Wednesday        |
| Thursday:  | Rev. Ross Bartley    |
| Friday:    | Rev. Mark Poulin     |
| Saturday:  | Deacon Jose Viveiros |

## Guidelines for Fasting and Abstinence:

Fasting is to be observed by all 18 years of age and older, who have not yet celebrated their 59th birthday. On a fast day one full meal is allowed. Two other meals, sufficient to maintain strength, may be taken according to each one's needs, but together they should not equal another full meal. Eating between meals is not permitted, but liquids, including milk and juices, are allowed.

Abstinence is observed by all 14 years of age and older. On days of abstinence no meat is allowed. Note that when health or ability to work would be seriously affected, the law does not oblige. When in doubt concerning fast and abstinence, the parish priest should be consulted.

Ash Wednesday, February 18, 2026 and Good Friday, April 3, 2026 are days of fast and abstinence. All the Fridays of Lent are days of abstinence.

Fasting, almsgiving, and prayer are the three traditional disciplines of Lent. The faithful and catechumens should undertake these practices seriously in a spirit of penance and of preparation for baptism or of renewal of baptism at Easter.



**SSVP Reverse Lent Collection:** Our reverse collection to support local families in need begins next weekend. Ushers will be at each entrance of the churches with baskets of tags with suggested food and living essentials. Please take a tag (or two) as you leave and return the items with you the next weekend. Items most needed are pancake mix, syrup, mac and cheese, puddings, fruit cups, oatmeal, cereal, laundry soap, rice, canned vegetables, soups, ketchup, mustard, relish, shampoo, conditioner, juice, crackers, cookies, granola bars, peanut butter, jam.

Socks are also still being collected for the Street Outreach Program. You can drop your donation in any of the SSVP bins located at the entrances of our churches or at the parish office.



**Catholic in Recovery** is cancelled on Ash Wednesday, February 18<sup>th</sup>. Meetings will resume as scheduled on February 25<sup>th</sup>.



**CWL Meeting:** There is an important meeting on Tuesday, February 17<sup>th</sup> at 1pm at St. Paul. There will be a motion put forward to disband the St. Paul CWL. All members are encouraged to attend.

**Chummettes:** There is a meeting on Tuesday, February 17<sup>th</sup> at 7pm at the River Canard Knights of Columbus on Malden Road. All ladies 18 and older are welcome to attend.



**Mobility Matters:** The VON team is inviting people to complete a Mobility Matters Checkup on Tuesday, February 17<sup>th</sup> from 9am - 10am and 11am - 2PM at Sacred Heart Church. What is included? Four functional exercise tests which evaluate your mobility, balance, leg strength and endurance. Sign up is required - please call (519) 254 4866 ext 6.

**The Kids' Bulletins** are great for kids who want to have fun and learn about the Sunday Mass every week. Available in English and French. Pick up a copy as you leave Mass or download a copy at <https://thekidsbulletin.com/>



## 1<sup>st</sup> Sunday of Lent - February 22<sup>nd</sup>, 2026

### 1<sup>st</sup> Reading - Genesis 2.7-9,16-18,25;3.1-7 -

The LORD God formed man from the dust of the ground and breathed into his nostrils the breath of life; and the man became a living being. And the LORD God planted a garden in Eden, in the east; and there he put the man whom he had formed. Out of the ground the LORD God made to grow every tree that is pleasant to the sight and good for food, the tree of life also in the midst of the garden, and the tree of the knowledge of good and evil. And the LORD God commanded the man, "You may freely eat of every tree of the garden; but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall die." Then the LORD God said, "It is not good that the man should be alone; I will make him a helper as his partner." And the man and his wife were both naked and were not ashamed. Now the serpent was more crafty than any other wild animal that the LORD God had made. He said to the woman, "Did God say, 'You shall not eat from any tree in the garden'?" The woman said to the serpent, "We may eat of the fruit of the trees in the garden; but God said, 'You shall not eat of the fruit of the tree that is in the middle of the garden, nor shall you touch it, or you shall die.'" But the serpent said to the woman, "You will not die; for God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil." So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate; and she also gave some to her husband, who was with her, and he ate. Then the eyes of both were opened, and they knew that they were naked; and they sewed fig leaves together and made loincloths for themselves.

**2<sup>nd</sup> Reading - Romans 5.12-19** - Brothers and Sisters: Brothers and Sisters: Just as sin came into the

world through one man, and death came through sin, and so death spread to all because all have sinned - If, because of the one man's trespass, death exercised dominion through that one, much more surely will those who receive the abundance of grace and the free gift of righteousness exercise dominion in life through the one man, Jesus Christ. Therefore, just as one man's trespass led to condemnation for all, so one man's act of righteousness leads to justification and life for all. For just as by the one man's disobedience the many were made sinners, so by the one man's obedience the many will be made righteous.

**Gospel - Matthew 4.1-11**— Jesus was led up by the Spirit into the wilderness to be tempted by the devil. He fasted forty days and forty nights, and afterwards he was famished. The tempter came and said to him, "If you are the Son of God, command these stones to become loaves of bread." But he answered, "It is written, 'One does not live by bread alone, but by every word that comes from the mouth of God.'" Then the devil took him to the holy city and placed him on the pinnacle of the temple, saying to him, "If you are the Son of God, throw yourself down; for it is written, 'He will command his angels concerning you,' and 'On their hands they will bear you up, so that you will not dash your foot against a stone.'" Jesus said to him, "Again it is written, 'Do not put the Lord your God to the test.'" Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendor; and he said to him, "All these I will give you, if you will fall down and worship me." Jesus said to him, "Away with you, Satan! for it is written, 'Worship the Lord your God, and serve only him.'" Then the devil left him, and suddenly angels came and waited on him.

# FAMILY OF PARISHES' FINANCES

**February 8<sup>th</sup>, 2026**

## Sacred Heart

|              |                   |
|--------------|-------------------|
| Regular      | \$2,605.00        |
| Loose        | 431.15            |
| Capital      | <u>2,175.00</u>   |
| <b>Total</b> | <b>\$5,211.15</b> |

## St. Joseph

|              |                   |
|--------------|-------------------|
| Regular      | \$3,212.00        |
| Loose        | 879.70            |
| Capital      | 620.00            |
| Other        | <u>210.00</u>     |
| <b>Total</b> | <b>\$4,401.70</b> |

## St. Paul

|              |                   |
|--------------|-------------------|
| Regular      | \$915.00          |
| Loose        | 322.15            |
| Capital      | <u>65.00</u>      |
| <b>Total</b> | <b>\$1,302.15</b> |



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***A reminder that Gluten-Free hosts are available for those who need them. Contact the office for info.***



**Parking at St. Joseph:** The parking lot between the school and the church has designated enter and exit driveways. Please use the proper driveway when coming and leaving Mass if you are parked in that lot.



**NET Canada Mission Discernment Night:** Are you in grade 11-12 or between the ages of 18-30

and trying to figure out what's next in your life? Come see if a year on mission is for you! NET Canada invites you to our Mission Discernment Night in Windsor on Thursday, February 26<sup>th</sup> from 7-9pm at Ste. Anne Parish (12233 Tecumseh Rd E)! Join us for a night of fellowship, food, and praise and get a glimpse into what a year on mission with NET Canada would look like! Interested or know someone who might be? Register at [netcanada.ca/apply!](http://netcanada.ca/apply!) Have questions? Email [recruit@netcanada.ca](mailto:recruit@netcanada.ca) or call/text 613-292-9991!

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Holy Family Retreat House  
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## **Retreat Details**

**Who:** Young People in High School

**When:** Saturday, March 7- 10am until  
Sunday, March 8th- 3pm

**Where:** Holy Family Retreat House,  
121 Victoria St. Oxley, Ontario

**Cost:** \$100 (includes accommodations,  
all meals, and more)

**Registration will opens January 1st**



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